



BOYS & GIRLS CLUBS
OF SOUTHEASTERN MICHIGAN

BGCSM Motivation & Affirmations
(Great for kids and parents!)

What are three things you're grateful for?

1. _____

2. _____

3. _____

What are three positive things you can say about yourself?

1. _____

2. _____

3. _____

What/Who is on your prayer list?

1. _____

2. _____

3. _____
